

Recreational Sports Policies

For your safety and enjoyment, as well as the safety and enjoyment of others, the following policies will be enforced in all Rec Sports facilities.

Conduct

Recreational Sports at the University of North Texas is committed to our participants' enjoyment, safety and well-being. To this end, the department will not tolerate theft, verbally abusive language, fighting or threats of physical violence, or harassment of any participants or staff. The department reserves the right to take necessary action to preserve the safety and integrity of its facilities, programs, participants and staff. Failure to abide by this accepted standard of conduct will result in loss of privileges for a period of time deemed appropriate by management and possible referral to the Dean of Students.

General

- All drinks must be in a sealable container.
- Proper footwear and attire are required. Each activity area has specific shoe and attire requirements. Please refer to the activity area policies below.
- No animals other than those assisting the disabled are allowed in any recreational facility.
- Bicycles, skateboards and roller blades are prohibited from the facility; strollers are allowed in designated activity areas. Please see member services for details.
- All members of the Rec Center and guests are subject to the terms and conditions of this agreement and Recreational Sports policies and procedures.

Facility Usage

- All currently enrolled students, currently employed or retired faculty and staff, their spouses, dependents and alumni are eligible to use the facilities during operating hours. Faculty/staff, retirees, their spouses, dependents and alumni must purchase a membership or a guest pass. Currently enrolled students who pay the Rec Center fee are automatically members of the Rec Center.
- All users must present a current UNT ID card to the Recreational Sports staff to gain access to any facility. Users are allowed to forget their ID card three times per semester.
- Alumni must be current members of North Texas Alumni Association and will be given a Rec Sports ID card. Members and guests are required to follow all posted rules.
- Sponsors are responsible for directly supervising minors (under age 16) while using the Rec Center. Failure to do so may result in loss of membership privileges.
- An eligible user over 18 years of age must accompany his/her guest between the ages of 16 and 17. An adult sponsor may supervise no more than two (2) individuals under 16 years of age. Members and guests under 16 years of age may not use the aerobic machines, weight room equipment, or racquetball courts. A parent or guardian over 18 must directly supervise individuals under 16 years of age when using the Rec Center. Children under the age of 5 may use either locker room but must be accompanied by a parent or guardian at all times.
- Children 5 years of age and older must use the locker room and rest room in accordance with their gender. Failure to follow age and use restrictions may result in termination or suspension of membership or guests privileges.
- Guests of an eligible user may use the recreational facilities by paying a \$10 guest fee. All guests must be sponsored by an eligible user. The eligible user must present his/her UNT ID card to obtain the guest pass. The guest pass is valid only for the date listed on the receipt. The sponsor of the guest is responsible for the guest while using the facilities.
- Members can bring in two children, 15 years old and younger, for free each day. Members can sponsor unlimited family each day but only 2 non-family guests.
- Facility reservations may be made by calling (940) 565-2275. A minimum of 3 weeks is necessary to process a facility request.

Weight Room

- Patrons are encouraged to clean equipment before and after each use. Spray, let sit for 30 seconds, and wipe off. Dispose of towels after each use in bins provided.
- Children under 16 years are not allowed in the weight room.
- Closed-toed athletic shoes are required. Flip flops, open-toed, and open-heeled shoes are not allowed.
- A top must be worn in the weight room at all times.
- Collars must be used on all bars when loaded with weight plates regardless of the total weight amount loaded onto the bar.
- Spotters are recommended.
- Patrons are required to rack weights and dumbbells when finished and return them to their proper location.
- Do not drop weights or dumbbells.
- Chalk is not allowed.
- Exercises that cannot be performed in a safe and proper manner or may pose a risk to others are prohibited.
- Equipment must remain in designated areas within the weight room. Kettlebells and jump ropes may only be used in the designated locations.
- Keep walkways clear. Users must move any item obstructing walkways and/or equipment at the request of Rec Sports staff.
- Drinks must be kept in a sealed container. Food and glass containers are not allowed.
- Only personal trainers employed by Recreational Sports may provide personal training services.
- Music played through open speakers, including head phones, is not permitted in the Rec Center.

Equipment Checkout

- Recreational equipment is available for checkout with a valid UNT ID card from the racquetball check-in desk and the Rec Center member services desk.
- Equipment is available for overnight checkout and must be returned in the condition in which it was checked out. A replacement fee will be assessed for any lost or damaged equipment.
- Equipment available for checkout includes: Badminton racquets, Basketballs (men/women), Birdies, Day use locks, Foosballs, Footballs (men/women), Indoor soccer balls, Indoor volleyballs, Outdoor basketballs (men/women), Outdoor soccer balls, Outdoor volleyballs, Shuffleboard pucks, Softball bats, Softball gloves, Softballs, Table tennis balls, Table tennis paddles, Tennis balls, Tennis racquets and Weight belts.

Group Exercise Classes

- Registration is required for all group exercise classes and can be done through the UNT Rec Sports app or by visiting <https://my.recsports.unt.edu/>
- Passes are available for purchase at Member Services for group exercise classes. Classes noted as free on the group exercise schedule do not require a group exercise pass. Participants must be Pohl Recreation Center members with a valid UNT ID or pay the guest fee.
- Group exercise studio doors are locked when the class is scheduled to begin and no entrance will be permitted after class has started.
- Classes are subject to change or cancellation due to low participation.
- Participants must be at least 16 years of age and any member less than 18 years old must be accompanied by an eligible user at least 18 years of age.
- Passes will not be replaced if lost or stolen.
- Passes will only be honored for the semester in which they are purchased.
- Athletic shoes are required when using the group exercise studios. Exceptions exist depending on the class type.

Climbing Wall

- Members and guests must be at least 16 years of age to use the climbing wall during the week. See our staff for details about family climb weekends.
- All climbers may rent UNT climbing equipment. Patrons may use their own harness, shoes, and chalk bag if each piece of equipment passes inspection by climbing wall staff.
- No cell phones, food or drink are allowed inside the climbing area at any time.
- You must be a currently enrolled student or Rec Center member to purchase a climbing wall membership. Guests of Rec Center members may use the climbing wall by purchasing a Rec Center guest pass and a climbing wall day pass.

Outdoor Pursuits Equipment Rental

- All equipment is available to current UNT students, faculty and staff upon presentation of a current student or faculty/staff ID card. Guests are not allowed to checkout equipment.
- Reservations may be made in person up to 2 weeks in advance at the Outdoor Pursuits Center. The full rental fee must be paid upon making a reservation. Equipment not reserved is available on a first-come, first-serve basis and must be paid for in full at the time of rental pick up.
- Cancellations that occur within 24 hours from the rental date and time will receive no refund. Refund request instructions can be received in person at the Outdoor Pursuits Center or by calling 940.369.8340.
- Fees will be assessed at the current retail rate for repair or replacement of damaged or lost equipment. Equipment returned late will be charged an additional fee.
- No credit or refunds will be issued for items reserved but not used or for early returns.
- Individuals abusing equipment or not following procedures may be ineligible to rent equipment in the future.

Aquatic Facility Rules

Rules and policies are subject to change to ensure the enjoyment and safety of all participants. **The following rules apply to all aquatics facilities (pools and spa):**

- Swim only when a lifeguard is on duty
 - Guards must be in stands prior to swimmers entering the water
- No talking to lifeguards who are on duty
 - Please see the head guard for assistance
- Persons under the age of 16 must not be in the pool without adult supervision
- Appropriate swim attire required. No cutoffs or clothing with loose threads, items of transparency, or articles lacking coverage
 - Proper swim attire is defined as clothing that is designed for use in the water; specific items are listed below for reference. In addition, all swimwear must not indecently expose parts of the body or be transparent. Obscene or offensive pictures and slogans may also be deemed inappropriate. This list is not exhaustive and management reserves the right to determine whether or not swimwear is appropriate.
 - Allowed:
 - Women's one and two piece bathing suits
 - Men's jammers or speedo
 - Board shorts
 - Rash guards
 - Religious swimwear (ex. burkini)
 - Dri-fit articles of clothing
 - Not allowed:
 - Cutoffs or clothing with loose threads
 - The cotton fibers break off and get trapped in the filters
 - Bathing suits that do not have proper coverage (ex. thong and cheeky bottoms or items of transparency)
 - Undergarments (ex. underwear, bras, compression shorts, boxers, briefs, etc.)

- Jeans and clothing with grommets
- Infants and toddlers must wear swim diapers
 - Cloth diapers are acceptable and permitted as long as they are covered by watertight rubber pants
 - Changing diapers within 6 feet of the pool is prohibited
- No food or drinks
 - Glass items not allowed in pool yard
- Shower before entering the pool
- No hanging on lane ropes
- No diving, running, dunking, spitting, shoving, profanity, or throwing objects
- No backflips or backward jumps off the side of the pool
- No dunking or hanging on the basketball rim
- No flotation devices other than US Coast Guard approved life jackets
 - Flotation devices such as water wings are strictly prohibited
- Extended breath holding activities are dangerous and prohibited
- Do not swim if you have been ill with diarrhea within the past 2 weeks
 - Persons with sores, open wounds, or infectious diseases should not use the pool
- Pets in the pool/spa are prohibited
- Lifeguards have the authority regarding policy enforcement
- Notify lifeguards in case of emergency
- Lifeguards reserve the right to administer swim tests as necessary
 - For swim test information visit the Aquatics homepage at <https://recsports.unt.edu/programs/aquatics>

Spa Rules

Rules and policies are subject to change to ensure the enjoyment and safety of all participants. **In addition to the above rules the following apply to the spa:**

- Do not use the spa if the water temperature is above 104 degrees Fahrenheit
- Persons under the age of 16 must not be in the spa without adult supervision
 - No children under the age of 5
- Use steps to enter and exit
 - No entering the lazy river from the spa
 - No jumping or diving
- Senior adults, pregnant women, and people with serious health issues should consult a physician before using the spa
- Participants are advised to refrain from using the spa after consuming alcohol, drugs, or prescription medication
- Participants are advised to keep their head above the water and to refrain from staying in the spa longer than 15 minutes

Track Rules

- Court shoes are required.
- Walkers use the two inside lanes.
- Spitting on the track is prohibited.
- No food, drinks, tobacco or gum are allowed.

Waranch Tennis Center Policies

- Courts are available for use by students, faculty, staff, and Pohl Recreation Center members. All users must have a UNT ID card or a rec center membership card.
- Courts will remain locked except during supervised use times.
- Tennis equipment is available for checkout with a valid UNT ID card or Pohl Recreation Center membership.
- No activities other than tennis are allowed.

- Participants must wear shirts at all times.
- Athletic shoes are required.
- Smoking, use of tobacco products, or alcoholic beverages are not allowed.
- Food or drinks are not allowed except for water bottles.
- Glass containers are not allowed.
- Only service animals are allowed.
- Users are responsible for observing and following these policies. Those participants not following the policies, may be asked to leave the facility by the staff on duty.
- In case of inclement weather, play may be stopped and the tennis courts may be closed.
- In case of an accident, contact the tennis court supervisor.
- In case of emergency contact UNT Police by calling 911.

Cancellation & Refund Information

Memberships, Locker Rentals, and Towel Service can be canceled by contacting the Recreational Sports office or sending your cancellation request to Ryan.Comfort@unt.edu or Laura.Palacios@unt.edu. Cancellations will take effect at the end of the month the request was received.

Refunds for all other purchases will be considered on a case by case basis. Please contact Recreational Sports with questions. All approved refunds will be processed by the method below that corresponds to your original purchase:

- 1) In-person payments made by credit card will be refunded to the original card used at the time of payment.
- 2) Online purchases will automatically credit the card used for purchase.
- 3) Cash and check payments will be refunded via campus issued check and may take up to 30 days to process.