

## **Recreational Sports Policies**

### **Conduct**

Recreational Sports at the University of North Texas is committed to our participants' enjoyment, safety and well-being. To this end, the department will not tolerate theft, verbally abusive language, fighting or threats of physical violence, or harassment of any participants or staff. The department reserves the right to take necessary action to preserve the safety and integrity of its facilities, programs, participants and staff. Failure to abide by this accepted standard of conduct will result in loss of privileges for a period of time deemed appropriate by management and possible referral to the Dean of Students.

### **General**

- Smoking, use of tobacco products, or alcoholic beverages are not allowed.
- All drinks must be in a sealable container. Food is not allowed beyond the ID checkpoint.
- Glass containers are not allowed.
- Photography and videos in locker rooms, restrooms and aquatic facilities is strictly prohibited.
- Only approved service animals are allowed in any recreational facility.
- Bicycles, longboards and scooters are prohibited from the facility. Skateboards must be able to be secured in a backpack or locker. Please see member services for details.
- Music played through open speakers, including headphones, is not permitted in the Rec Center.

### **Facility Usage**

- All currently enrolled students, currently employed or retired faculty and staff, their spouses, dependents and alumni are eligible to use the facilities during operating hours. Faculty/staff, retirees, their spouses, dependents and alumni must purchase a membership or a guest pass. Currently enrolled students who pay the Rec Center fee are automatically members of the Rec Center.
- All users must present a current UNT ID card or use the Rec Sports app to the Recreational Sports staff to gain access to any facility. Users are allowed to forget their ID card three times per semester.
- Alumni must be current members of North Texas Alumni Association and will be given a Rec Sports ID card.
- Sponsors are responsible for directly supervising minors (under age 16) while using the Rec Center.
- Guests: Any member may sponsor up to three individuals per day. The guest fee for persons 16 and older is \$10 each. Individuals under 16 years of age are free. The member must be in the facility with the guest(s) at all times, directly supervise guests under 16 years of age and is responsible for his/her guest's conduct. Guests over 16 must provide photo identification (i.e., driver's license, school I.D.). The eligible user must present his/her UNT ID card to obtain the guest pass. The guest pass is valid only for the date listed on the receipt.
- Members and guests under 16 years of age may not use certain facilities or programs. Areas included in this are the weight room, group exercise and the climbing wall (weekdays only). See area policies below for more information.
- Children under the age of 5 may use either locker room of the opposite sex while under direct supervision.
- Facility reservations may be made by calling (940) 565-2275. A minimum of 3 weeks is necessary to process a facility request.

### **Weight Room**

- Patrons are encouraged to clean equipment before and after each use.
- Children under 16 years of age are not allowed in the weight room.
- Closed-toed athletic shoes are required to work out in the weight room or to use any cardio equipment. Flip flops, open-toed, and open-heeled shoes are not allowed (Example: Crocs).
- A top must be worn in the weight room at all times.
- Collars must be used on all bars when loaded with weight plates.
- Spotters are recommended.
- All equipment must be returned to its proper location after use. This includes dumbbells, plates, kettlebells, handles, etc.
- Weights and dumbbells should be lowered to the ground in a controlled manner. Dropping of barbells, dumbbells and kettlebells is not allowed.
- Chalk is not allowed.
- Exercises that cannot be performed in a safe and proper manner or may pose a risk to others are prohibited.
- Walkways must remain clear of all personal belongings. Users must move any item obstructing walkways and/or equipment at the request of Rec Sports staff.
- Only personal trainers employed by Recreational Sports may provide personal training services.
- All Olympic lifts are prohibited (clean, jerk, snatch).
- Hand wraps or boxing gloves are required when using the boxing bag.

### **Equipment Checkout**

- Recreational equipment is available for checkout for current members with ID from the Rec Center member services desk. Guests are not eligible for equipment checkout.
- Equipment is available for overnight checkout. See member services for assistance.
- All equipment must be returned in the condition in which it was checked out. A replacement fee may be assessed for any lost or damaged equipment.

### **Group Fitness Classes**

- Registration is required for all group fitness classes and can be done through the UNT Rec Sports app or by visiting <https://my.recsports.unt.edu/>
- Semester Unlimited Passes and Single Class Passes are available for purchase online or at the Member Services Desk.
- Group Fitness participants must be at least 16 years of age and hold a current Pohl Recreation Center membership or pay the guest fee.
- Studio doors will remain open until the 5 minute mark, with the exception of yoga/meditation. If locked, instructor will check for remaining participants within 5 minutes of class starting. After 5 minutes, no one will be allowed entrance into class.
- Classes are subject to change or cancelation due to low participation.
- Passes will only be honored for the semester in which they are purchased.
- Athletic shoes are required when participating in group fitness classes. Exceptions exist depending on the class type.

### **Climbing Wall**

- Members and guests must be at least 16 years of age to use the climbing wall during the week. See our staff for details about family climb weekends.
- You must be a currently enrolled student or Rec Center member to purchase a climbing wall membership. Guests of Rec Center members may use the climbing wall by purchasing a Rec Center guest pass and a climbing wall day pass.
- All climbers may rent UNT climbing equipment. Patrons may use their own harness, shoes, and chalk bag if each piece of equipment passes inspection by climbing wall staff.
- No food, drink, or personal items on the safe deck.
- Do not walk or climb under an active climber.
- No climbing past the first quickdraw without being clipped in.
- Do not touch quickdraws unless lead climbing.
- A UNT skills test is required to belay.
- If issues arise, the supervisor can ask participants to leave.

### **Outdoor Pursuits Equipment Rental**

- All equipment is available to current UNT students, faculty and staff upon presentation of a current student or faculty/staff ID card. Guests are not allowed to checkout equipment.
- Reservations may be made in person up to 2 weeks in advance at the Outdoor Pursuits Center. The full rental fee must be paid upon making a reservation. Equipment not reserved is available on a first-come, first-serve basis and must be paid for in full at the time of rental pick up.
- Cancellations that occur within 24 hours from the rental date and time will receive no refund.
- Fees will be assessed at the current retail rate for repair or replacement of damaged or lost equipment. Equipment returned late will be charged an additional fee.
- No credit or refunds will be issued for items reserved but not used or for early returns.
- Individuals abusing equipment or not following procedures may be ineligible to rent equipment in the future.

### **Aquatic Facility Rules**

The following rules apply to all aquatics facilities (pools and spa):

- Swim only when a lifeguard is on duty
- Persons under the age of 16 may not be in the pool without adult supervision
- Appropriate swim attire required. Appropriate is defined as clothing that is designed for use in the water; specific items are listed below for reference. This list is not exhaustive and management reserves the right to determine whether or not swimwear is appropriate.
- Allowed:
  - Women's one and two piece bathing suits
  - Men's jammers or speedo
  - Board shorts
  - Rash guards
  - Religious swimwear (ex. burkini)
  - Dri-fit clothing
- Not allowed:
  - Cutoffs or clothing with loose threads

- Bathing suits that do not have proper coverage (ex. thong and cheeky bottoms or transparent items)
  - Undergarments (ex. underwear, bras, compression shorts, boxers, briefs, etc.)
- Infants and toddlers must wear swim diapers
- Cloth diapers are acceptable and permitted as long as they are covered by watertight pants
- Changing diapers within 6 feet of the pool is prohibited
- Food is not allowed in the pool area. Water is permitted
- Glass items are not permitted in pool area
- Showering before entering the pool is recommended
- Hanging on lane ropes is not permitted
- Diving, running, dunking, spitting, shoving, profanity, or throwing objects is not permitted
- Backflips or backward jumps off the side of the pool are not permitted
- Dunking or hanging on the basketball rim is not permitted
- Only US Coast Guard approved floatation devices are permitted
- Extended breath holding activities prohibited
- Please do not swim if you have been ill with diarrhea within the past 2 weeks
- Lifeguards have the authority regarding policy enforcement
- Lifeguards reserve the right to administer swim tests as necessary. For swim test information visit the Aquatics homepage at <https://recsports.unt.edu/programs/aquatics>

#### **Spa Rules**

- Children under 5 years of age are not permitted in the spa
- Use steps to enter and exit
- Entering the lazy river from the spa is not permitted
- Jumping or diving into the spa is not permitted
- Senior adults, pregnant women, and people with serious health issues should consult a physician before using the spa
- Participants are advised to refrain from using the spa after consuming alcohol, drugs, or prescription medication
- Participants are advised to keep their head above the water and to refrain from staying in the spa longer than 15 minutes

#### **Track Rules**

- Please follow directional signage.
- Walkers use the two inside lanes.
- Spitting on the track is prohibited.
- No food, drinks, tobacco, or gum allowed (water bottles are allowed).

#### **Waranch Tennis Center Policies**

- Courts are available for use by students, faculty, staff, and Pohl Recreation Center members. All users must have a UNT ID card or a rec center membership card.
- Courts will remain locked except during supervised use times.
- Tennis equipment is available for checkout with a valid UNT ID card or Pohl Recreation Center membership.
- Activities other than tennis are not permitted.
- Athletic shoes are required.
- Food or drinks are not allowed except for water.

- Glass containers are not allowed.
- In case of inclement weather, play may be stopped and the tennis courts may be closed.
- In case of an accident or emergency, contact the supervisor.

## **Cancelation & Refund Information**

### **Membership Cancelation Policy**

#### *Recurring Credit Card Payments:*

Cards will be charged on the first of each month. Cancelation requests must be submitted by 5pm on the last day of the month. For example, if the charge date is 10/1, then the cancelation request must be submitted by 5pm on 9/30. Cancelation requests made after 5pm on the last day of the month will result in the credit card on file being charged.

#### *Payroll Deduction:*

The membership fee is pulled from checks on the first of each month and members will have access through the end of that month. In order for the membership fee to not be deducted on the first of the next month, cancelations must be received by 5pm on the 17th of the month. For example, cancelation requests for 10/1 must be received by 5pm on 9/17. Any cancellation request received after the 17th of the month, will result in the membership fee being deducted on the first of the next month.

To cancel your membership, please visit [recsports.unt.edu/memberships](https://recsports.unt.edu/memberships) and fill out the [cancelation form](#) located at the bottom of the page.

### **Refund Policy**

Refunds will be considered on a case-by-case basis. All approved refunds will be processed by the method below that corresponds to your original purchase:

- Credit card purchases will be refunded to the original card used at the time of payment.
- Cash and check payments will be refunded via campus issued check and may take up to 30 days to process.

*Please note:* recurring monthly memberships, group fitness passes, personal training and climbing wall passes will not be refunded.

To request a refund, please visit [recsports.unt.edu/memberships](https://recsports.unt.edu/memberships) and fill out the [refund form](#) located at the bottom of the page.