

# POOL RULES

Policies are subject to change to ensure the enjoyment and safety of all participants. For a detailed description of all aquatics policies please see Aquatics staff or visit [www.recsports.unt.edu](http://www.recsports.unt.edu)

## THE FOLLOWING POLICIES APPLY TO ALL AQUATICS FACILITIES:

1. Swim only when a lifeguard is on duty. Lifeguards must be in stands prior to swimmer entering the water.
2. No talking to lifeguards who are on duty. Please see the head guard for assistance.
3. Children under 16 must be accompanied by a parent/guardian at all times.
4. Appropriate swim attire required. No cutoffs or clothing with loose threads.
5. Infants and toddlers must wear swim diapers.
5. Shower before entering the pool.
6. No diving, running, dunking, spitting, shoving, profanity, or throwing objects
7. No dunking or hanging on basketball rim
8. No food, gum, or drinks. Only water bottles with a closable lid are allowed (glass containers prohibited).
9. No long breath holding.
10. No climbing on, climbing over, or walking on islands in leisure pool.
11. No hanging on lane ropes.
12. No floatation devices other than US Coast Guard approved life jackets.
13. Persons with sores, open wounds, or infectious diseases should not use the pool.
14. No backflips or backwards jumps off the side of the pool.
15. Lifeguards have authority over patrons regarding policy enforcement.
16. Notify lifeguards in case of emergency.

## IN ADDITION TO THE ABOVE POLICIES, THE FOLLOWING APPLY TO THE SPA:

1. No children under the age of 5.
2. Use the steps to enter and exit the spa.
3. No jumping or diving into the spa.
4. No entering the lazy river from spa.
5. Participants are advised to keep their head and ears above the water.
6. Participants are advised to refrain from staying in the spa longer than 15 minutes.
7. Senior adults, pregnant women, and people with serious health issues should consult a physician before using the spa.
8. Participants are advised to refrain from using the spa after consuming alcohol, drugs, or prescription medication.