



December Break Schedule



Mon, Dec 15	Tues, Dec 16	Wed, Dec 17	Thurs, Dec 18	Fri, Dec 19
12:15-1:00pm Aidan Circuit Blast SB	12:15-1:00pm Natalie Glutes & Guts SA	12:30-1:00pm Wendy Cycle 30 SB	12:15-1:00pm Aidan Int Training SB	12:15-1:00pm Aidan Full Body Fri SA
5:30-6:15pm Aidan Glutes & Guts SA 5:30-6:15pm Sofia Cycle 45 SB	5:30-6:30pm Krisstal Yoga Intermediate SA	5:30-6:30pm Krisstal Yoga Restorative SA 5:30-6:15pm Aidan Circuit Blast SB	4:30-5:15pm Indya Pilates Fundamental SA	5:30-6:15pm Aidan Int Training SB