

Justin

CERTIFICATIONS:
*AFAA Certified Personal
Trainer*



Personal Information:

Justin is a Kinesiology major, and also a military veteran with 11 years of experience in the Army. He is an avid hunter and enjoys working out.

Motto:

"Pain is weakness leaving the body."

Please stop by the Rec Sports office for more information about Personal Training!



**FOR MORE INFORMATION STOP BY THE REC SPORTS OFFICE, CALL
940-565-2275 OR 940-369-8347, OR VISIT WWW.UNT.EDU/RECSPORTS**

UNT Rec Sports

THIS DEPARTMENT FOLLOWS THE GUIDELINES OF THE AMERICANS WITH DISABILITIES ACT. IN ACCORDANCE WITH THIS ACT, WE REQUEST PATRONS WITH SPECIFIC NEEDS CONTACT OUR OFFICE AT LEAST 72 WORKING HOURS IN ADVANCE SO THAT WE CAN MAKE APPROPRIATE AND REASONABLE ARRANGEMENTS TO MEET YOUR NEEDS.

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